



10 Steps to Create a Trauma-Informed, Resilient School



COURSE OVERVIEW

In this foundation-setting training, participants are walked, step-by-step, through the 10 steps to create a trauma-informed, resilience-focused school. Participants will gain tools, resources and practical applications to implement immediately in their professional setting.

The learning experience will focus on resilience and an emphasis on understanding how trauma impacts children and their school experience. It will provide proactive strategies such as fostering connections, prioritizing social and emotional skills, establishing safety, and promoting play. Detailed information and concrete actions will also be covered, and in a way that doesn't just answer the "why" but also the "how" to create the best classroom and school supports for traumatized students and the school professionals who serve them. A strong focus on understanding the link between a student's private logic and their academic achievement and behavior deficits in the Circle of Courage's universal needs will be addressed, as well as how to assess students and create behavior support plans for each. Strategies to collaborate with families and communities and to support staff will be presented also, as well as examples of how to collect and utilize outcome data.

LEARNING OBJECTIVES: Participants will be able to

- Identify at least three questions to ask to promote a trauma-informed and resilience-focused mindset when working with students in the school setting.
- Name the four main protective factors of resilient youth.
- Describe how trauma impacts the deep and outer brain functions specifically in the school setting.
- Recall at least five proactive strategies for every classroom.
- Express the concept of private logic and provide at least two examples of how private logic impacts behavior in the school setting.
- Recognize at least three ways your school can collaborate with caregivers, family and community.
- Recount the importance of self-care for educators and other school professionals.
- Report at least three evaluation strategies to use to determine your school's level of trauma-informed and resilience-focused practices.
- Utilize the Behavior Support Plan to observe behavior with curiosity, exploring not only the behavior itself but the underlying causes for it.

Spots are limited; therefore, please note that not everyone who registers for this event will automatically be approved. Priority registration will be given to local school district staff in Bay, Arenac, and Iosco County until Friday, October 11, 2024.

Once your registration has been accepted, you will receive an email confirmation containing a link to a Google Form where you can share any dietary needs for lunch.

Dates

***This event is a series**

Registrants are required to attend both days

October 23, 2024
and
January 22, 2025

Time

8:00 Sign-In and Welcome
8:30-3:30 Program

Location

Bay-Arenac ISD
Educational Service Center

Cost

FREE
For employees from Bay, Arenac, and Iosco school districts

\$200
For all other districts

Lunch Included

**SCECHs and Social Work CEs (12 hours) are available*

Certified Trauma and Resilient Specialist in Education status and E-badge will be earned upon completion.

EVENT QUESTIONS

Stacey L. Meininger
Whole Child Systems Supervisor
meiningers@baisd.net

REGISTRATION QUESTIONS

Diane Joles: jolesd@baisd.net
Sara Lodewyk: lodewyks@baisd.net

Register Now!