

Facilitator: Barry Schmidt, Health Coordinator

Audience: Middle and high school health teachers, PE teachers, school counselors, and educators looking to enhance their health instruction with research-based strategies that support student well-being and success.

Get ready for a dynamic, hands-on training designed to help you bring the Michigan Model for Health (MMH) to life in your middle and high school classrooms! This engaging session will give you the tools, strategies, and confidence to deliver impactful health lessons that resonate with students.

What You'll Gain:

- Fresh, interactive teaching strategies to boost student engagement
 A deep dive into MMH lessons—explore key concepts, skills, and real-world applications
- Hands-on practice in modeling and delivering lessons that empower students
- Creative ways to integrate social-emotional learning, prevention strategies, and health skills
- Collaboration with fellow educators to share ideas and best practices

*If you are an educator in a district or ISD outside of BAISD or IRESA, additional fees may apply.

Register Now!



DATES

October 23, 2025 December 11, 2025 February 23, 2026

TIME

8:30 am-3:00 pm

LOCATION

Bay-Arenac ISD ESC

COST

No cost

Lunch is provided and sub-reimbursement is available.



Barry Schmidt, Health Coordinator schmidtb@baisd.net

Diane Joles: jolesd@baisd.net

Sara Lodewyk: lodewyks@baisd.net